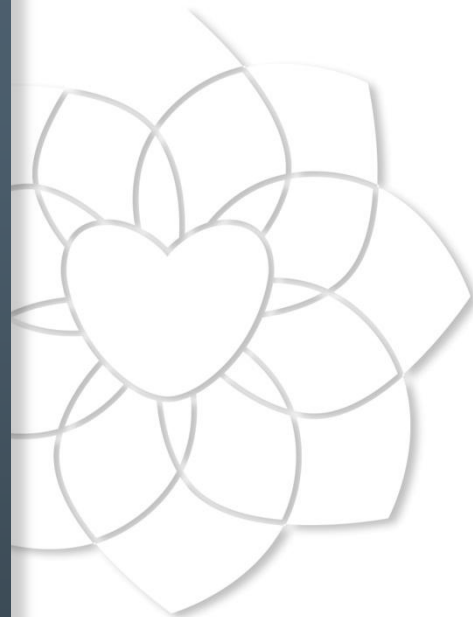


Meet the experts: Cardiogenic Shock

Inotropes: effects on the heart, the
microcirculation and other organs

ACCA Masterclass 2017

Alessandro Sionis
Director Acute & Intensive Cardiac Care Unit
Hospital de la Santa Creu I Sant Pau
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Spain



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Care Association
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Disclosures (last 5 years)

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- ▶ Speaker: Abiomed, Maquet, Novartis, Orion-Pharma
- ▶ Clinical trials: Cardioentis, Novartis, Orion-Pharma
- ▶ Research grants: Novartis, Orion-Pharma
- ▶ Royalties: No

PATIENT WITH AHF

Bedside assessment to identify haemodynamic profile

CONGESTION?

YES (95% of AHF patients)

NO (5% of AHF patients)

“Wet”

“Dry”

POOR PERFUSION?

NO

YES

NO

YES

“Wet” & “Warm”

“Wet” & “Cold”

“Dry” & “Warm”

“Dry” & “Cold”

PATIENT WITH AHF

Bedside assessment to identify haemodynamic profile

CONGESTION?

YES (95% of AHF patients)

NO (5% of AHF patients)

“Wet”

“Dry”

POOR PERFUSION?

NO

YES

NO

YES

“Wet” & “Warm”

“Wet” & “Cold”

“Dry” & “Warm”

“Dry” & “Cold”

Definitions of Terms Used in Cardiogenic Shock Diagnosis

Term	Definition
Symptoms/signs of congestion (left-sided)	Orthopnoea, paroxysmal nocturnal dyspnoea, pulmonary rales (bilateral), peripheral oedema (bilateral).
Symptoms/signs of congestion (right-sided)	Jugular venous dilatation, peripheral oedema, congested hepatomegaly, hepatojugular reflux, ascites, symptoms of gut congestion symptoms of gut congestion.
Symptoms/signs of hypoperfusion	<p>Clinical: cold sweated extremities, oliguria, mental confusion, dizziness, narrow pulse pressure.</p> <p>Laboratory measures: metabolic acidosis, elevated serum lactate, elevated serum creatinine.</p> <p>Hypoperfusion is not synonymous with hypotension, but often hypoperfusion is accompanied by hypotension.</p>
Hypotension	Systolic BP <90 mmHg
Hypoxaemia	Arterial PaO ₂ <80 mmHg (<10,67 kPa)
Acidosis	pH <7.35
Elevated blood lactate	>2 mmol/L
Oliguria Urine output	<0.5 mL/kg/h

“Wet” & “Cold”

Systolic blood pressure <90 mmHg?

YES

NO

- Inotropic agent
- Consider vasopressor in refractory cases
- Diuretic (when perfusion corrected)
- Consider mechanical circulatory support if no response to drugs

- Vasodilators
- Diuretics
- Consider inotropic agent in refractory cases

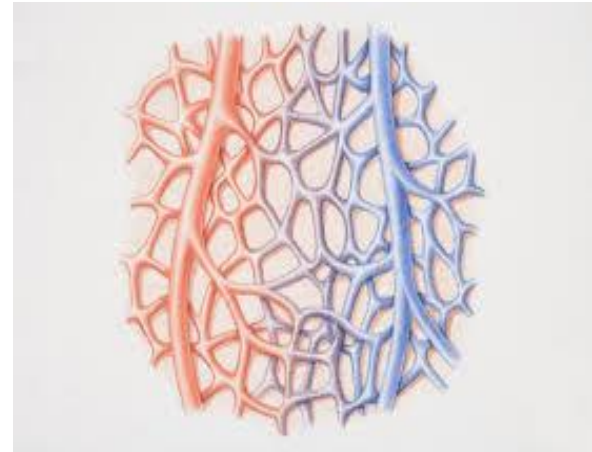
Targeted Medical Treatment in CS

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Congestion (high or normal LVEDP)



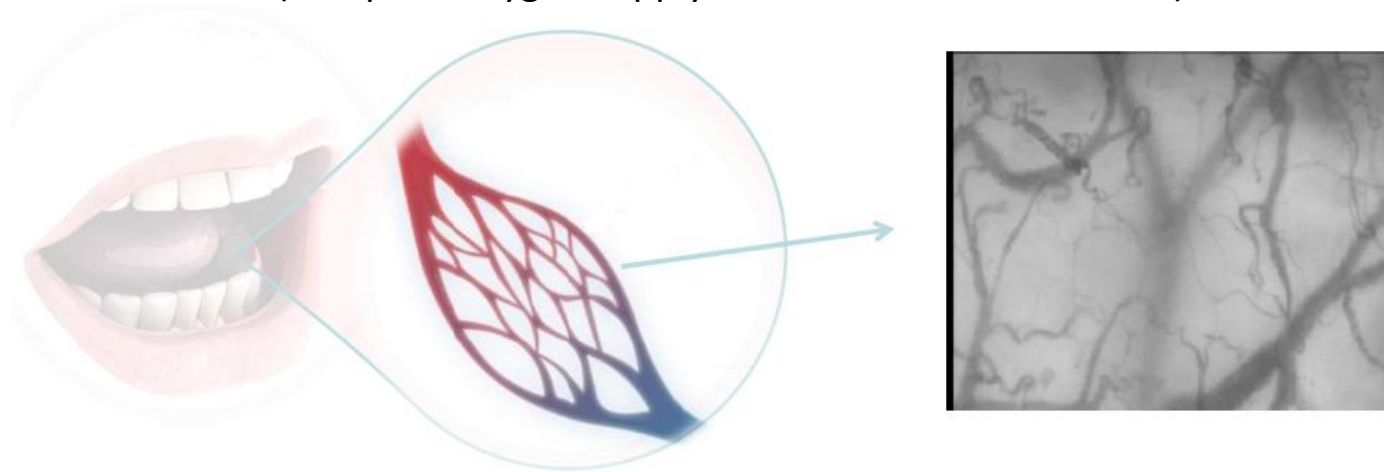
Poor perfusion (low cardiac output)



Microcirculation

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The ultimate therapeutic goal in CS is to restore microcirculatory function
(adequate oxygen supply to sustain cellular function)



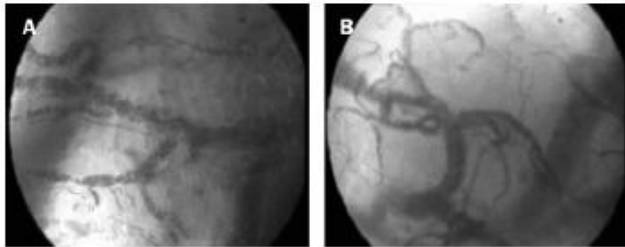
Active recruitment of microcirculation is essential

Sublingual perfused capillary density (PCD) imaging allows direct visualization of sublingual microcirculation

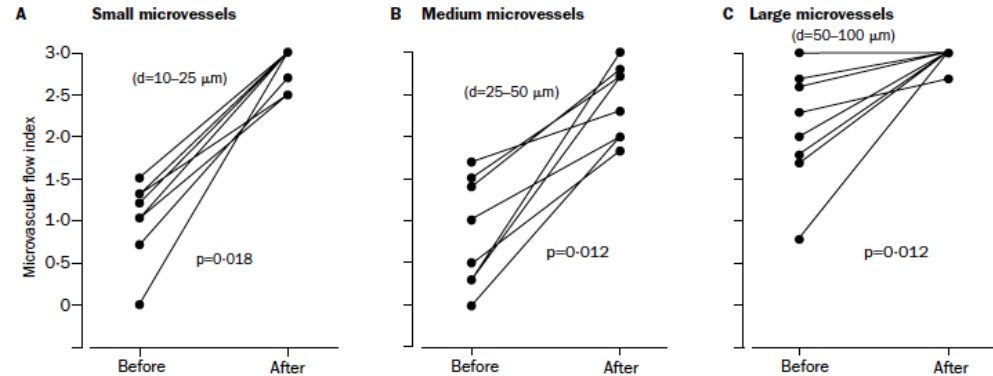
Microcirculatory Shutdown

- ▶ Increased oxygen consumption and impaired oxygen delivery and extraction due to microcirculatory shutdown and shunting
- ▶ During sepsis (and CS) microvasculature is the first to go and the last to recover

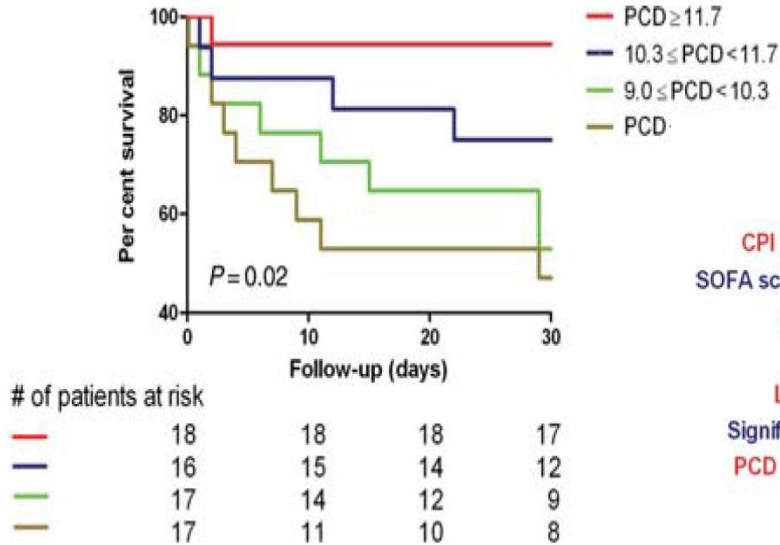
Before and after nitroglycerin



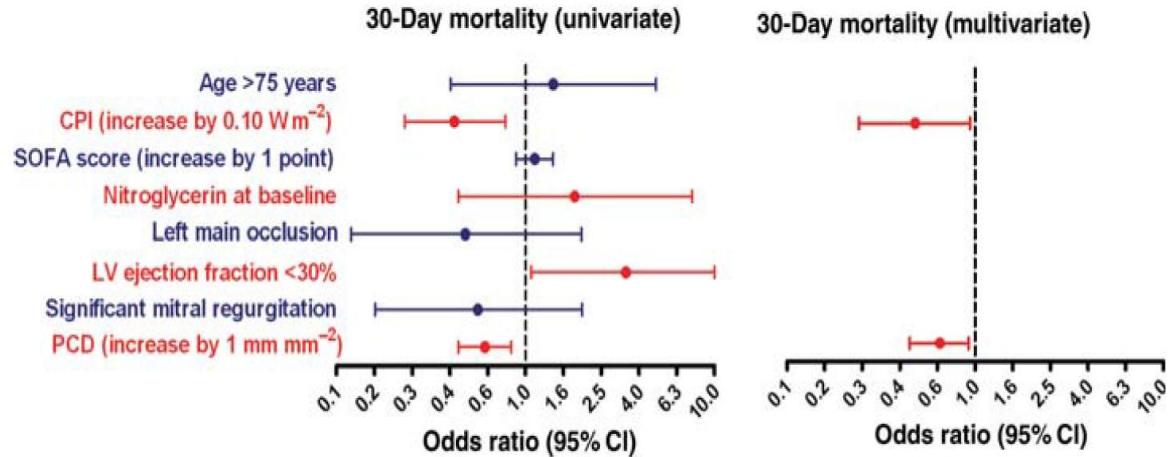
Orthogonal polarisation spectral imaging (OPS)



Microcirculation in Cardiogenic Shock



Survival stratified according to quartile of baseline sublingual PCD



Portrait of The Ideal Cathecolamine

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- ▶ Pharmacologically: non-toxic, stable preparation, compatible with other drugs, peripherally deliverable, easy titration (on-off effect), steady effect (no tachyphylaxis), metabolized independent of liver and renal function
- ▶ Pharmacodynamic properties: increases contractility, increases mean arterial pressure, maintenance of diastolic blood pressure, increases cardiac output, improves regional perfusion, no increase in myocardial oxygen consumption, no tachycardia, non-arrhythmogenic, suitable in pregnancy and paediatric populations
- ▶ Beneficial effect on hard clinical end-points (save lives)
- ▶ Cost effective





What We Have...

- ▶ Increase myocardial oxygen consumption
- ▶ Increase myocardial ischaemia
- ▶ Can trigger arrhythmias (ventricular and supraventricular)
- ▶ Can cause infarct expansion
- ▶ Can worsen peripheral tissue perfusion and microcirculation
- ▶ No clear clinical benefit

Currently Available Inotropes and Vasopressors

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Drug	Mechanism	Effect
Dobutamine	β_1 (and β_2) receptor	Inotropic, chronotropic, mild vasodilatation
Dopamine	D_{1-2} (0.5 to 3 $\mu\text{g}/\text{kg}/\text{min}$), β_1 (3-10 $\mu\text{g}/\text{kg}/\text{min}$) and α_1 (>10 $\mu\text{g}/\text{kg}/\text{min}$) receptors	Dose dependent (inotropic, chronotropic, vasoconstriction)
Milrinone	Phosphodiesterase 3 inhibitor	Inotropic, vasodilatation
Levosimendan	Ca^{2+} sensitizer, ATP-dependent K^+ channels	Inotropic, vasodilatation
Noradrenaline	α_1 (mild β_1)	Vasoconstriction
Adrenaline	α_1 , β_1 and β_2	Inotropic (low dose), vasoconstriction (higher doses)

Levosimendan: SURVIVE Trial

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ORIGINAL CONTRIBUTION

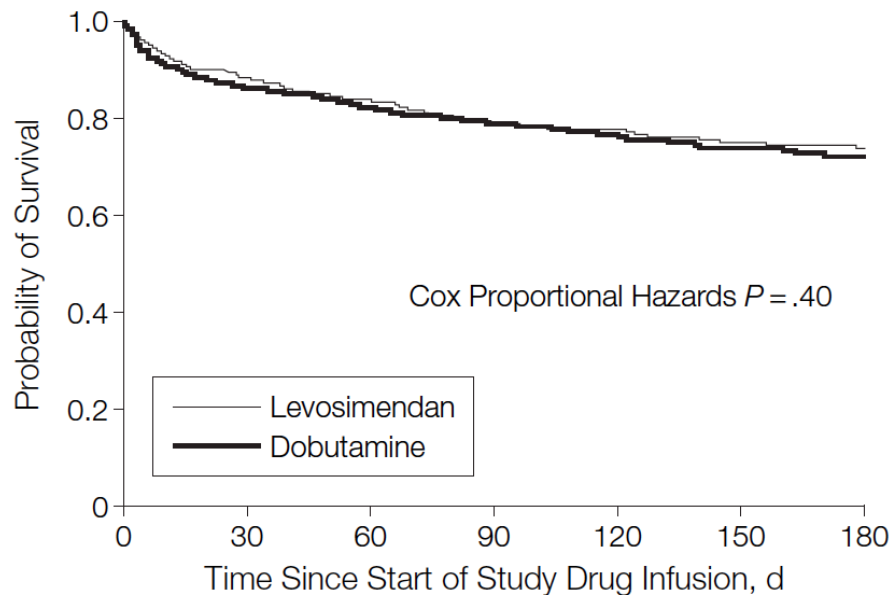
Levosimendan vs Dobutamine for Patients With Acute Decompensated Heart Failure

The SURVIVE Randomized Trial

- ▶ Randomized, double-blind trial comparing levosimendan versus dobutamine
- ▶ 1327 AHF patients with LVEF <30%, insufficient response to iv diuretics and: dyspnoea at rest or mechanical ventilation, oliguria, PCWP > 18 mmHg and/or CI <2.2 L/min/m²
- ▶ Very sick cardiogenic shock patients excluded

Levosimendan: SURVIVE Trial

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No. at Risk	0	30	60	90	120	150	180
Levosimendan	664	608	586	525	462		
Dobutamine	663	596	568	519	454		

Levosimendan: REVIVE Trial

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JACC: Heart Failure
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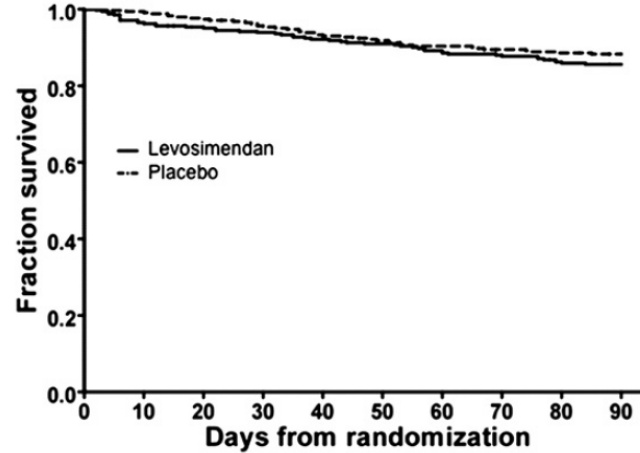
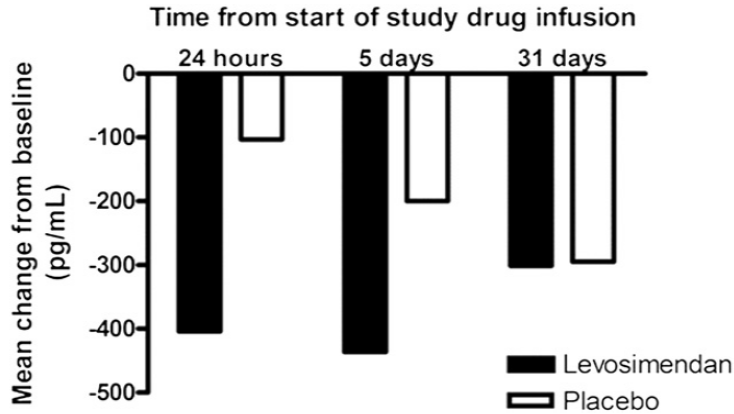
CLINICAL RESEARCH

Effect of Levosimendan on the Short-Term Clinical Course of Patients With Acutely Decompensated Heart Failure

Milton Packer, MD,* Wilson Colucci, MD,† Lloyd Fisher, PhD,‡ Barry M. Massie, MD,§
John R. Teerlink, MD,§ James Young, MD,|| Robert J. Padley, MD,¶ Roopal Thakkar, MD,¶
Leticia Delgado-Herrera, RPH,¶ Jeffrey Salon, MD,¶ Chris Garratt, MB, ChB,# Bidan Huang, PhD,¶
Toni Sarapohja, MSc,# for the REVIVE Heart Failure Study Group
*Dallas, Texas; Boston, Massachusetts; Seattle, Washington; San Francisco, California; Cleveland, Ohio;
Abbott Park, Illinois; and Espoo, Finland*

- ▶ Randomized, double-blind trial comparing levosimendan vs placebo (inclusion 2001-2004, published 2013)
- ▶ 600 AHF patients with LVEF <35% (CS excluded)
- ▶ Primary end-point changes in clinical status during first 5 days

Levosimendan: REVIVE Trial

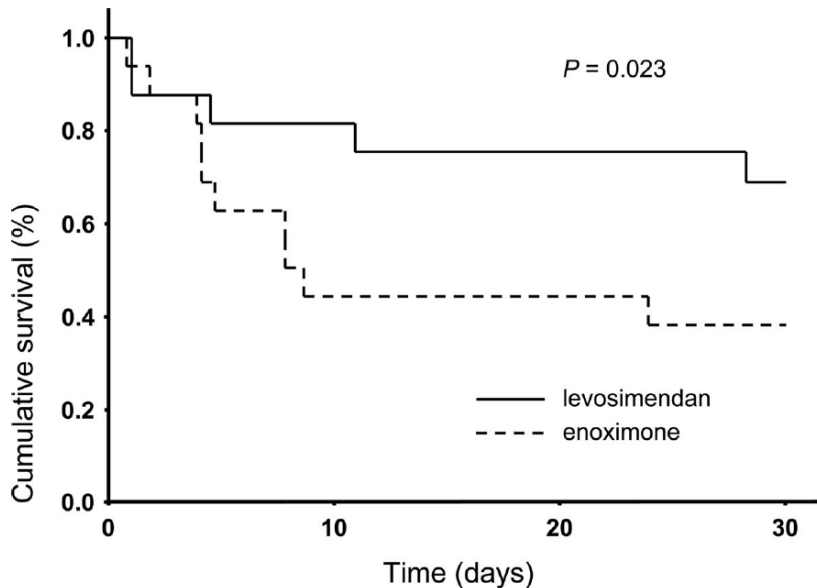


Placebo	349	344	336	328	320	313	307	303	299	295
Levosimendan	348	333	326	322	314	309	302	298	291	287

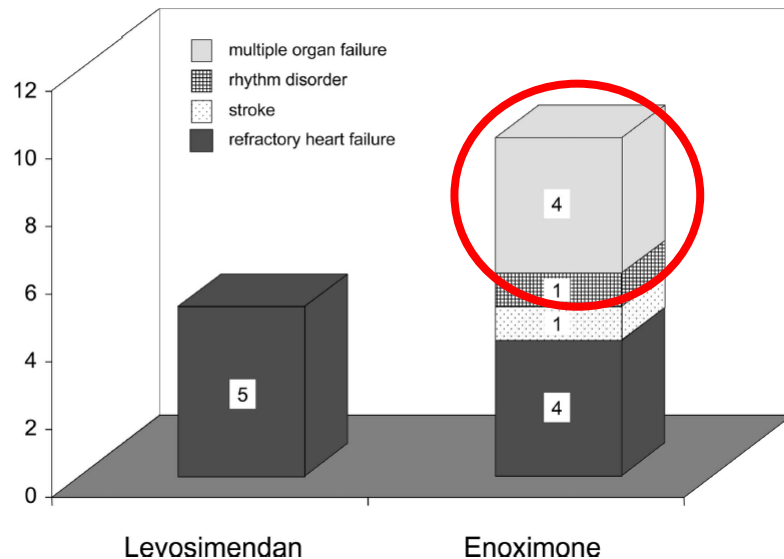
- ▶ Significant benefit in favour of levosimendan for primary end-point but increased risk of adverse cardiovascular events
- ▶ Significant drop in BNP but no effect on mortality

Levosimendan in Cardiogenic Shock

- ▶ Small (32 patients), single center, open label, randomized trial

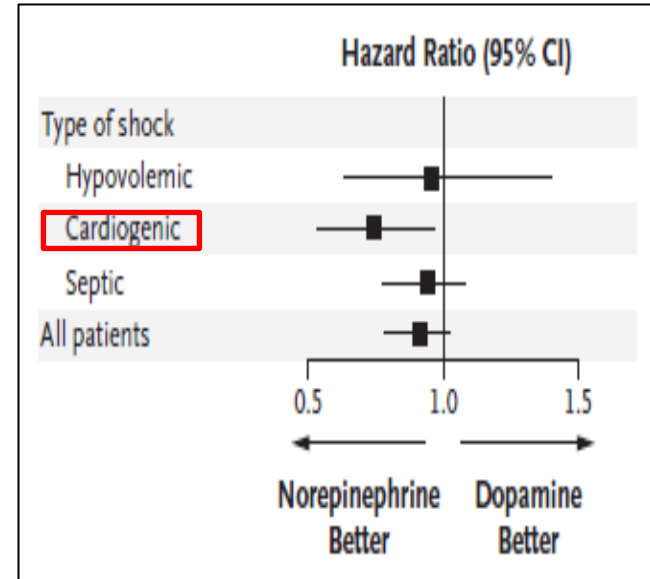
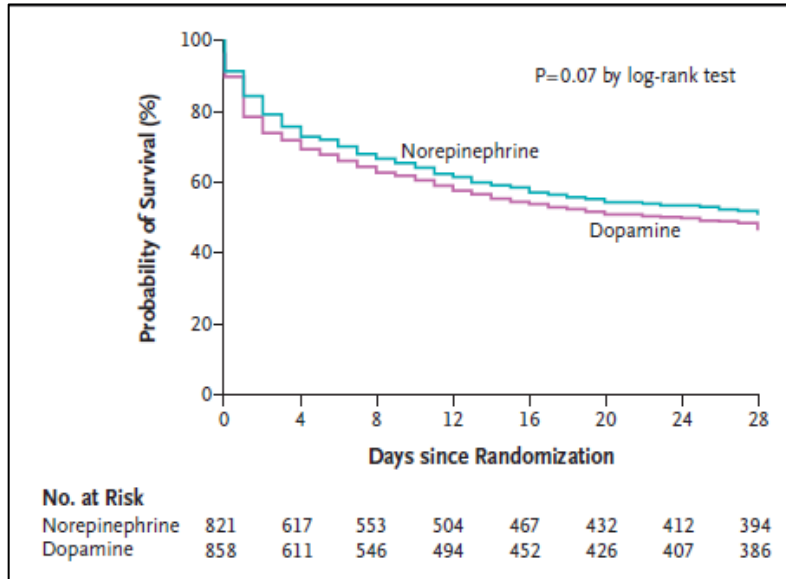


Number of deaths



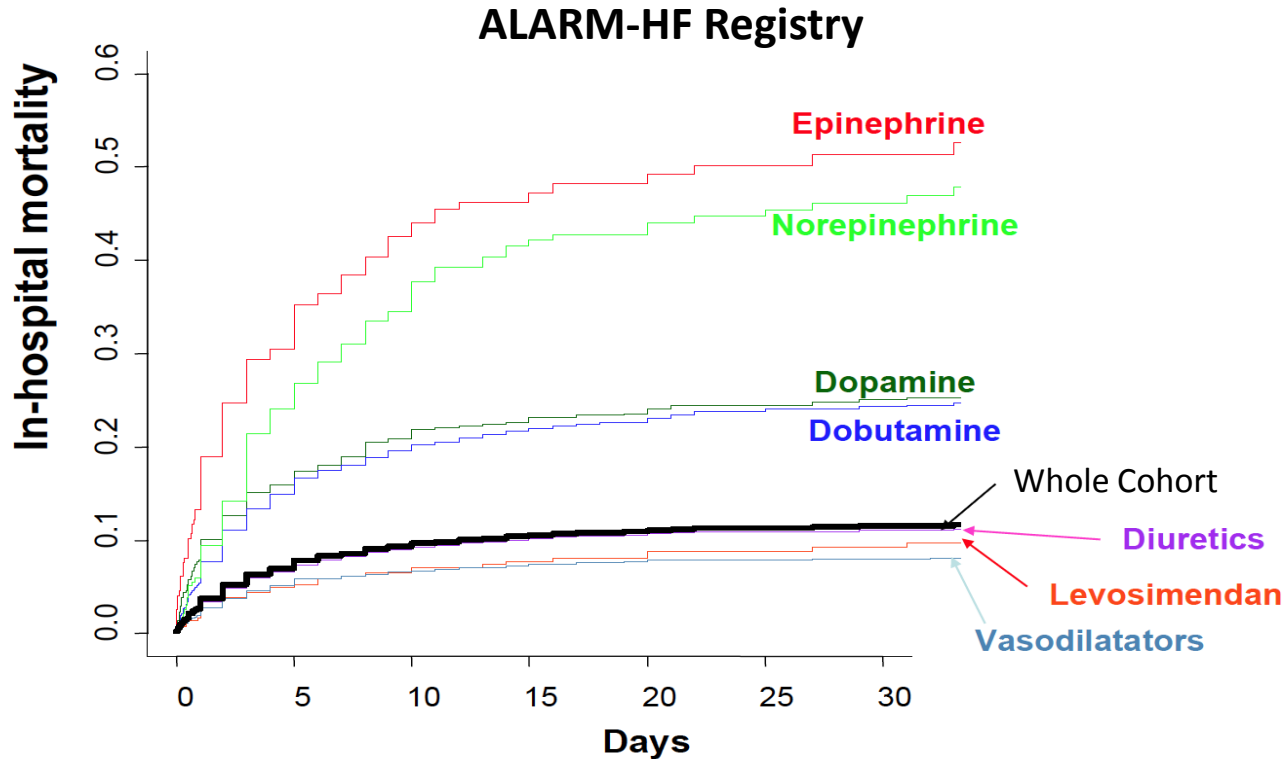
Noradrenaline

Comparison of norepinephrine and dopamine in the treatment of shock



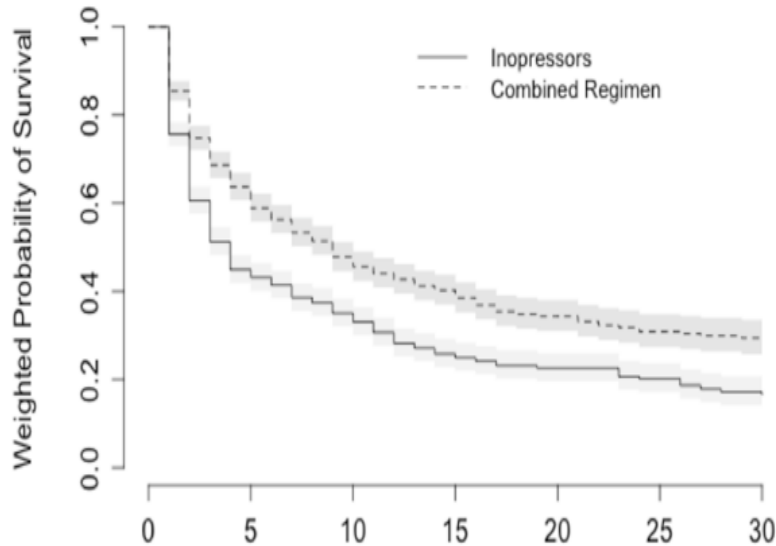
Effect of AHF Treatment on Mortality: Propensity Score Analysis

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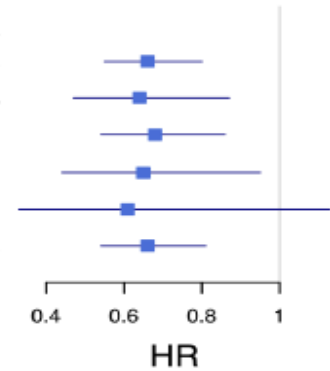


Inodilators in Cardiogenic Shock: Propensity Score Analysis

ALARM-HF, EFFICA, AHEAD Registries (988 CS patients)



	n	HR
PS Weighting	988	0.66
No ACS	374	0.64
ACS	614	0.68
ALARM-HF	297	0.65
EFICA	572	0.61
AHEAD	119	0.66



Combined Regimen **Better**

Use of Inotropes and Vasopressors in the CardShock Study

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Vasoactive	All (n=220)	ACS (n=178)	non-ACS (n=42)	p
Vasopressors				
Noradrenaline	75%	76%	69%	NS
Adrenaline	21%	23%	14%	NS
Dopamine	26%	29%	12%	0.03
Vasopressin/Terlipressin	4%	5%	-	NS
Simultaneous vasopressors	30%	33%	14%	0.02
Inotropes				
Dobutamine	49%	51%	43%	NS
Levosimendan	24%	22%	31%	NS
PDE3i	4%	4%	5%	NS
Simultaneous vasopressor and inotrope	55%	56%	50%	NS

Use of Inotropes and Vasopressors in the CardShock Study

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- ▶ 94% of patients received vasoactive medication
- ▶ Initiated within the first 24 hours
- ▶ Vasopressors in 98% of cases
- ▶ Inotropes in 94% of cases
- ▶ Overall, associations with clinical presentation were modest
- ▶ NO marked associations with medical history, initial BP or HR, LVEF

Adrenaline Independent Predictor of Mortality

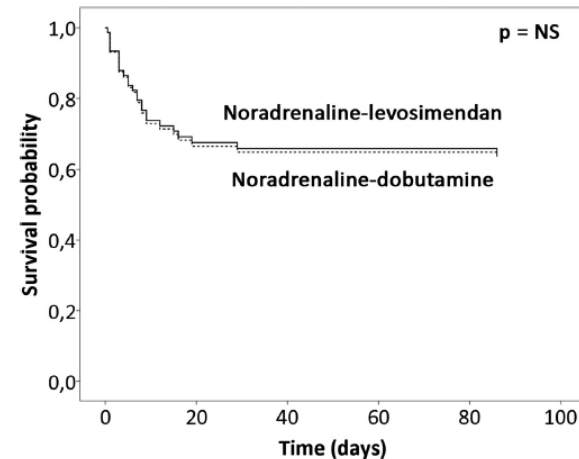
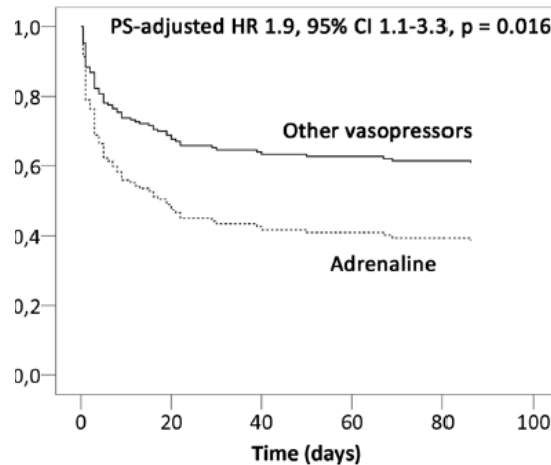
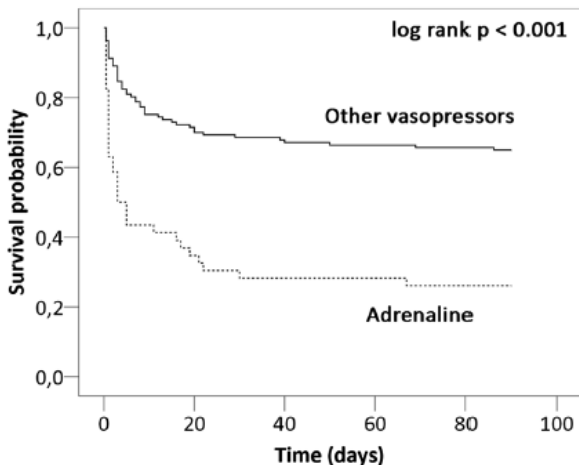
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Predictors of 90-day Mortality: Multivariable Logistic Regression Model

Variable	OR	95% CI	p
Adrenaline use	5.3	1.88-14.7	0.002
Age	1.04	0.99-1.08	0.08
History of MI	3.4	1.3-8.9	0.01
History of CABG	12.1	1.8-79.1	0.005
ACS etiology	7.7	1.7-34.5	0.01
Initial confusion	2.1	0.8-5.6	0.1
Systolic BP (per mmHg decrease)	1.04	1.00-1.07	0.04
LVEF (per % decrease)	1.06	1.03-1.09	<0.001
Blood lactate (mmol/l increase)	1.3	1.2-1.5	<0.001

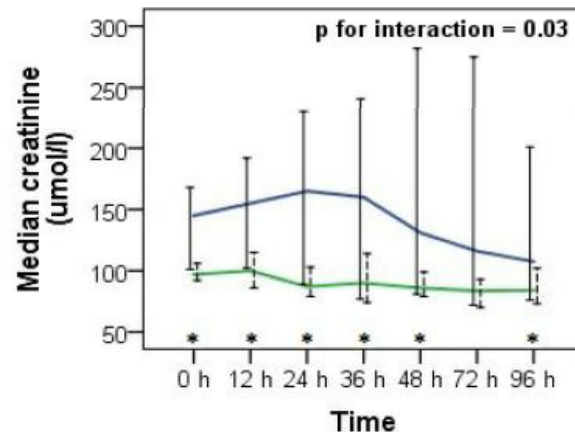
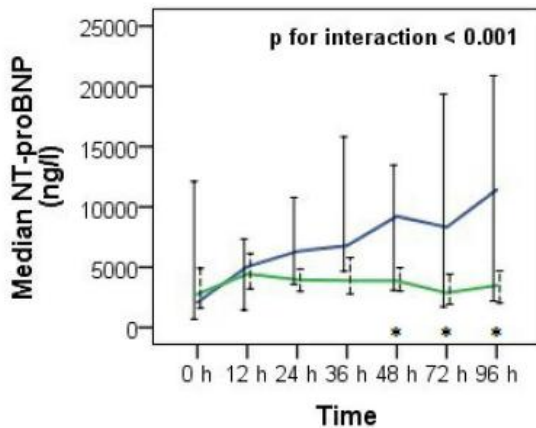
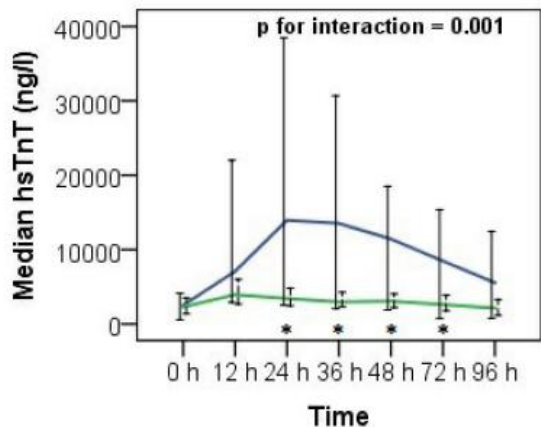
Adrenaline Independent Predictor of Mortality

Survival curves for use of adrenaline



Propensity score: age, gender, medical history (myocardial infarction, coronary artery bypass graft surgery, hypertension, renal insufficiency), acute coronary syndrome as the etiology of cardiogenic shock, resuscitation prior to inclusion and initial presentation (confusion, blood lactate, creatinine, systolic blood pressure, sinus rhythm, and left ventricular ejection fraction).

Adrenaline Use Related to Deterioration in Cardiac and Renal Biomarkers in CS



— adrenaline
— other vasopressors

* p < 0.05 for pairwise comparison

Adrenaline Use Related to Deterioration in Cardiac and Renal Biomarkers in CS

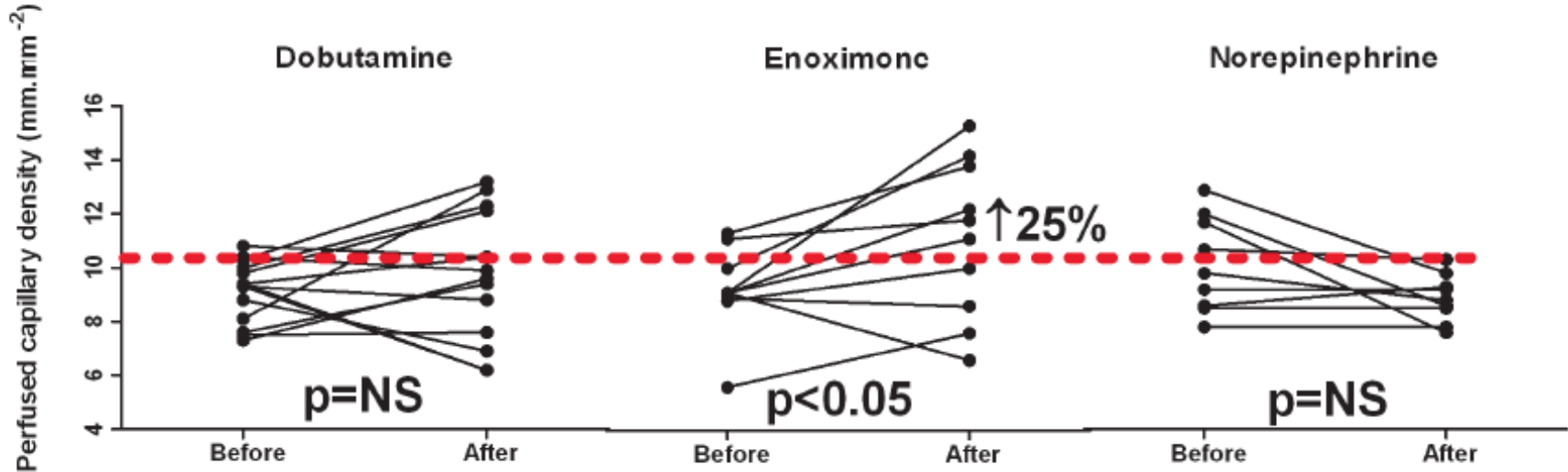
- ▶ Overall 90-day mortality was 46% and significantly higher in adrenaline group vs other vasopressors: 90% vs 35%, $p < 0.001$
- ▶ The strong association of adrenaline with increased mortality remained even after propensity score adjustment
- ▶ Adrenaline use was associated with markedly worse evolution of cardiac and renal biomarker levels over the initial 96 hours likely due to an increase in myocardial oxygen consumption, excessive vasoconstriction and/or direct organ toxic damage due to intense adrenergic stimulation
- ▶ This may, in part, explain significantly higher mortality among patients receiving adrenaline

Inotropes: Why Have We Failed?

	Dobutamine (n = 14)	Enoximone (n = 10)	Norepinephrine (n = 9)	P-value
HR, bpm	84 [59–99]	91 [78–107]	101 [84–118]	NS
MAP, mmHg	66 [60–71]	68 [62–81]	55 [51–58]	0.006
CVP, mmHg	14 [11–17]	14 [9–16]	16 [12–19]	NS
PCWP, mmHg	19 [16–25]	23 [17–25]	20 [17–27]	NS
MPAP, mmHg ^a	27 [21–33]	33 [28–37]	28 [25–39]	NS
CI, L.min ⁻¹ .m ⁻²	2.2 [1.7–2.5]	1.9 [1.7–3.2]	2.6 [1.6–3.2]	NS
SVR, dynes.sec.cm ⁻⁵	1182 [743–1502]	1057 [843–1246]	837 [555–1031]	NS
SvO ₂ , %	64 [60–68]	62 [56–71]	67 [61–70]	NS
Lactate, mmol.L ⁻¹	1.4 [1.1–4.6]	1.3 [1.1–2.9]	2.1 [1.1–2.8]	NS
Delta-T, °C	6.6 [4.5–6.9]	6.1 [4.3–7.5]	6.2 [3.7–13.9]	NS
PCD, mm.mm ⁻²	9.3 [8.0–10.1]	9.1 [8.9–10.2]	9.8 [8.6–11.9]	NS

30 CS patients (baseline parameters)

Inotropes: Why Have We Failed?



Changes in perfused capillary density for individual patients

Inotropes: Why Have We Failed?

Effects on Parameters of Macro- and Microcirculation

	Dobutamine (n = 14)	Enoximone (n = 10)	Norepinephrine (n = 9)	P-value
Δ HR, bpm	+9 [0; +16]**	+4 [-11; +9]	+1 [-15; +4]	NS
Δ MAP, mmHg	+6 [-5; +21]	+8 [+1; +14]	+17 [+13; +32]**	NS
Δ CVP, mmHg	-1 [-3; +1]	-2 [-3; -1]*	+2 [-4; +4]	NS
Δ PCWP, mmHg	-2 [-4; -1]**	-2 [-3; -1]**	+5 [-1; +7]	NS
Δ MPAP, mmHg ^a	0 [-3; +3]	-1 [-9; 0]	+4 [-1; +7]	NS
Δ CI, L.min ⁻¹ .m ⁻²	+0.8 [+0.3; +1.4]**	+0.6 [-0.1; +1.5]	0.0 [-0.5; +0.1]	0.006
Δ SVR, dynes.sec.cm ⁻⁵	-201 [-623; +220]	-119 [-491; +175]	+390 [+237; +505]*	0.03
Δ SvO ₂ , %	+6 [+2; +12]**	0 [-3; +4]	0 [-3; +6]	0.04
Δ Lactate, mmol.L ⁻¹	-0.4 [-2.5; -0.1]**	0.0 [-0.6; +0.2]	0.0 [-0.2; +0.5]	NS
Δ Delta-T, °C	-0.4 [-0.8; 0]	-1.1 [-1.9; +0.6]	0.0 [-2.2; +0.6]	NS
Δ PCD, mm.mm ⁻²	+0.6 [-0.9; +2.3]	+2.0 [+0.5; +3.4]*	-0.4 [-3.3; 0.0]	0.01

What Do The ESC Guidelines Say?

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Recommendations for inotropic and agents and vasopressors in patients with cardiogenic shock

Short-term, i.v. infusion of inotropic agents may be considered in patients with hypotension (SBP <90 mmHg) and/or signs/symptoms of hypoperfusion despite adequate filling status, to increase cardiac output, increase blood pressure, improve peripheral perfusion and maintain end-organ function.

IIb

C

An intravenous infusion of levosimendan or a PDE III inhibitor may be considered to reverse the effect of beta-blockade if beta-blockade is thought to be contributing to hypotension with subsequent hypoperfusion.

IIb

C

Inotropic agents are not recommended unless the patient is symptomatically hypotensive or hypoperfused because of safety concern.

III

A

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557

What Do The ESC Guidelines Say?

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Recommendations for inotropic and agents and vasopressors in patients with cardiogenic shock

A vasopressor (norepinephrine preferably) may be considered in patients who have cardiogenic shock, despite treatment with another inotrope, to increase blood pressure and vital organ perfusion.	IIb	B	558
It is recommended to monitor ECG and blood pressure when using inotropic agents and vasopressors, as they can cause arrhythmia, myocardial ischaemia, and in the case of levosimendan and PDE III inhibitors also hypotension.	I	C	540, 559-563
In such cases intra-arterial blood pressure measurement may be considered.	IIb?	C	

Take Home Messages

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- Lack of evidence for clinical benefit for currently available inotropes and vasopressors
- In spite of this, virtually all cardiogenic shock patients receive treatment with catecholamines usually a combination of inotrope and vasopressor
- Adrenaline use seems to be associated with increased mortality
- Trials to determine an evidence-based approach to vaso-active agent use are urgently needed
- Treatment tailored by assessment and optimization of microcirculation targets



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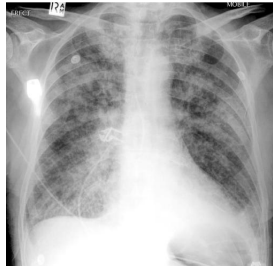
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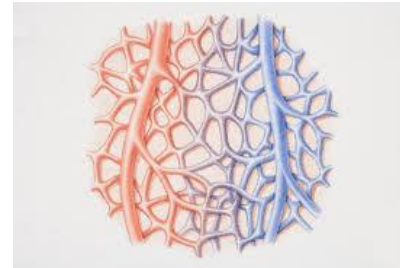
Targeted Medical Treatment in CS

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Congestion (high or normal LVEDP)



Poor perfusion (low cardiac output)



- ▶ Increase CO and reduce LVEDP without worsening hypotension
- ▶ Improve tissue perfusion
- ▶ Improve survival



European Heart Journal (2010) 31, 3032–3039
doi:10.1093/eurheartj/ehq324

CLINICAL RESEARCH

Coronary heart disease

Impaired microcirculation predicts poor outcome of patients with acute myocardial infarction complicated by cardiogenic shock

Corstiaan A. den Uil^{1*}, Wim K. Lagrand², Martin van der Ent¹,
Lucia S.D. Jewbali¹, Jin M. Cheng¹, Peter E. Spronk³, and Maarten L. Simoons¹

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Sublingual perfused capillary density measured with sidestream dark-field imaging

Microcirculation in Cardiogenic Shock

Table 2 Baseline haemodynamic parameters

	All patients (n = 68)	PCD \leq median ^a (n = 35)	PCD > median ^a (n = 33)	P-value
HR (b.p.m.)	93 (72–104)	92 (71–106)	93 (72–104)	0.80
MAP (mmHg)	69 (61–70)	66 (58–70)	70 (64–70)	0.07
CVP (mmHg)	15 (12–18)	16 (12–19)	14 (13–16)	0.23
PCWP (mmHg) ^b	21 (16–24)	23 (18–25)	18 (14–22)	0.04
MPAP (mmHg) ^b	28 (24–34)	30 (24–37)	27 (24–30)	0.18
CI (L min ⁻¹ m ⁻²)	2.5 (2.1–2.9)	2.4 (1.8–2.9)	2.7 (2.1–2.9)	0.44
CPI (W m ⁻²)	0.35 (0.26–0.42)	0.33 (0.24–0.39)	0.38 (0.30–0.42)	0.11
SVR (dynes s cm ⁻⁵)	1075 (825–1242)	1075 (798–1237)	1052 (850–1256)	0.79
SvO ₂ (%)	66 (61–73)	65 (60–70)	68 (62–75)	0.12
Lactate (mmol L ⁻¹)	2.8 (2.0–4.3)	2.9 (1.8–4.5)	2.8 (2.2–4.8)	0.58

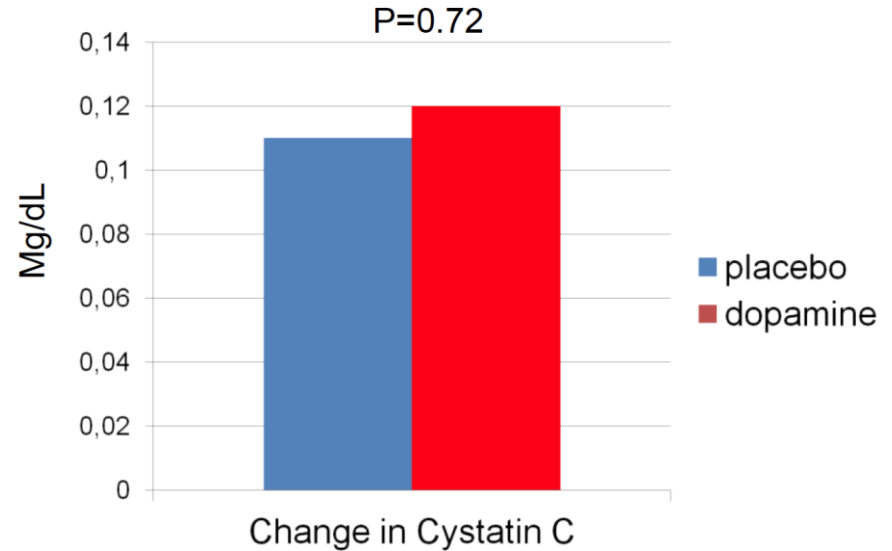
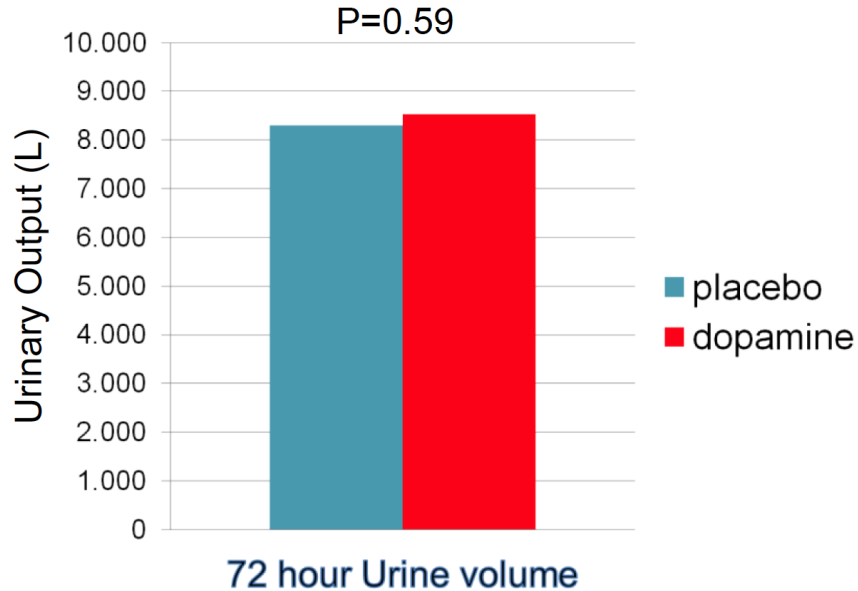
HR, heart rate; NS, non-significant; MAP, mean arterial pressure; CVP, central venous pressure; PCWP, pulmonary capillary wedge pressure; MPAP, mean pulmonary artery pressure; CI, cardiac index; CPI, cardiac power index; SVR, systemic vascular resistance; SvO₂, central-venous oxygen saturation.

^aMedian PCD = 10.3 mm mm⁻².

^bData available in 48 (71%) of the patients.

Low-dose Dopamine: Rose-AHF Trial

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Low-dose Dopamine: Rose-AHF Trial

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No significant effect of dopamine
on secondary endpoints:

- Decongestion
- Renal function
- Symptom relief

Safety Drug Tolerance	Dopamine (n=122)	Placebo (n=119)	P- value
Study drug dose reduced or stopped because of hypotension	0.9%	10.4%	<0.001
Study drug dose reduced or stopped because of tachycardia	7.2%	0.9%	<0.001
Study drug discontinued due to any cause	23%	25%	0.72

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for the Outcomes of a Prospective
Trial of Intravenous Milrinone for
Exacerbations of Chronic Heart
Failure (OPTIME-CHF) Investigators

Short-term Intravenous Milrinone for Acute Exacerbation of Chronic Heart Failure

A Randomized Controlled Trial

Cuffe MS. *JAMA* 2002;287:1541-7



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**Short-term Intravenous Milrinone for
 Acute Exacerbation of Chronic Heart Failure**
 A Randomized Controlled Trial

For the Assessment of a Prospective
 Trial of Intravenous Milrinone for
 Acute Exacerbation of Chronic Heart
 Failure (APPIME-CHF) Investigators.

Table 4. Primary Outcome and Hospitalization

Outcome	Placebo (n = 472)	Milrinone (n = 477)	P Value
Days of hospitalization for cardiovascular causes within 60 days			
Median (IQR)*	7 (4, 14)	6 (4, 13)	.71
Mean (SD)	12.5 (14.0)	12.3 (14.1)	
Days of hospitalization from infusion to initial discharge			
Median (IQR)	5 (4, 8)	5 (4, 7)	.99
Mean (SD)	7.0 (6.6)	7.0 (6.2)	
Days of hospitalization for cardiovascular causes from discharge to 60 days			
Median (IQR)	0 (0, 5)	0 (0, 5)	.59
Mean (SD)	5.9 (12.5)	5.7 (12.6)	
Days of hospitalization for any cause within 60 days			
Median (IQR)	8 (4, 16)	7 (4, 15)	.83
Mean (SD)	13.5 (14.4)	13.4 (14.7)	
Death or readmission within 60 days, No./Total (%)	164/464 (35.3)	166/474 (35.0)	.92

*IQR indicates interquartile range.

Table 6. Adverse Events and Mortality*

Adverse Event, No. (%)	Placebo (n = 472)	Milrinone (n = 477)	P Value
Treatment failure cause at 48 hours	43/466 (9.2)	97/470 (20.6)	<.001
Progression of heart failure	6.8	7.9	.54
Adverse event	2.1	12.6	<.001
Events during index hospitalization			
Myocardial infarction	2 (0.4)	7 (1.5)	.18
New atrial fibrillation or flutter	7 (1.5)	22 (4.6)	.004
Ventricular tachycardia or fibrillation†	7 (1.5)	16 (3.4)	.06
Sustained hypotension‡	15 (3.2)	51 (10.7)	<.001
Death	11 (2.3)	18 (3.8)	.19
Events within 60 days			
Myocardial infarction	5/448 (1.1)	10/462 (2.2)	.21
New atrial fibrillation or flutter	16/446 (3.6)	26/462 (5.6)	.14
Ventricular tachycardia or fibrillation	20/446 (4.5)	23/461 (5.0)	.72
Death	41/463 (8.9)	49/474 (10.3)	.41

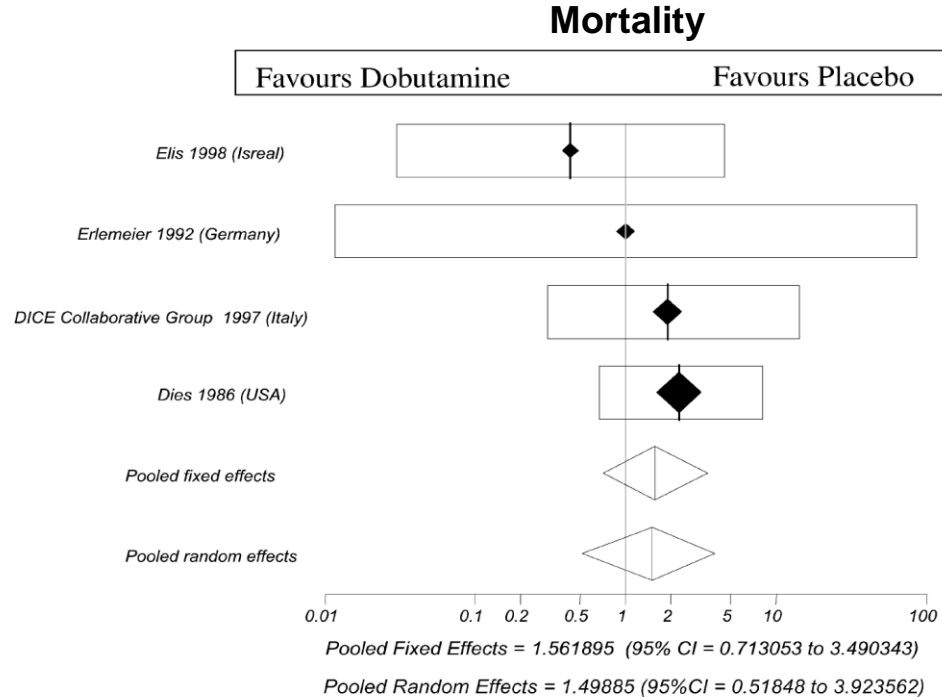
*Total number of patients listed only when it varies from number randomized as shown.

†Reported by the investigator.

‡Defined as a systolic blood pressure below 80 mm Hg for more than 30 minutes, requiring intervention.

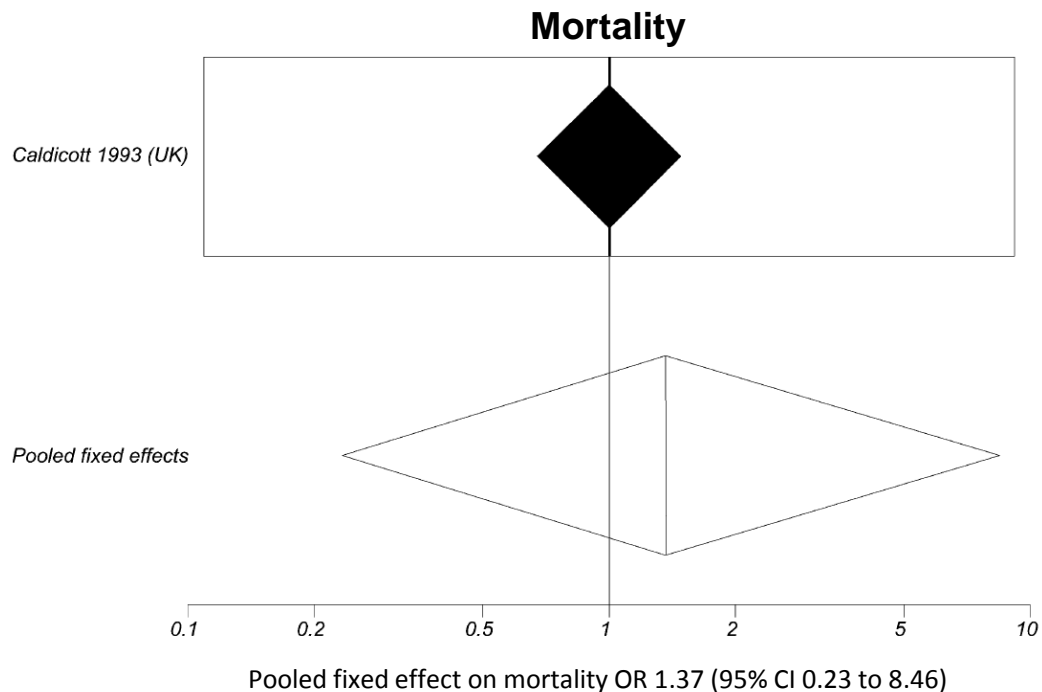
Dobutamine: Meta-analysis of 21 trials (632 AHF patients)

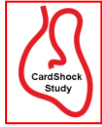
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Milrinone vs Dobutamine or Dopamine

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CardShock Study

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